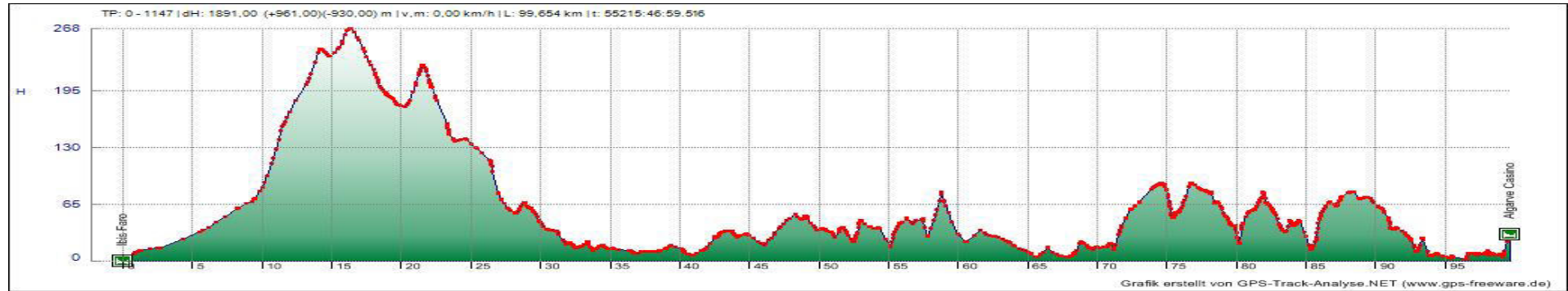


# Höhenprofile Portugalsrundfahrt

## Etappe 1 : Faro - Portimao ( ca. 99km, 960HM)



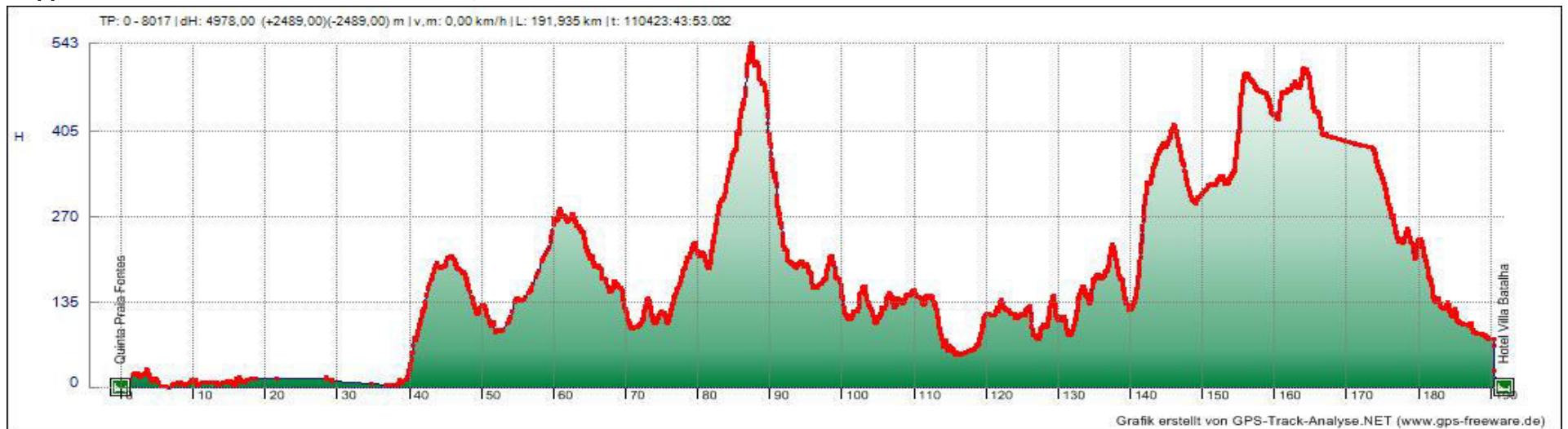
## Etappe 2 : Portimao - Serra de Monchique – Vila Nova de Milfontes (ca. 128km, 1.526HM)



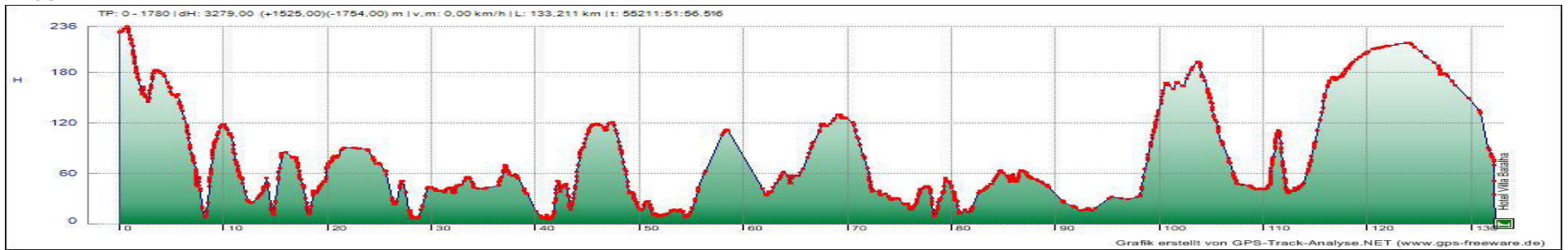
**Etappe 3 : Vila Nova de Milfontes – Lissabon (ca. 166km, 970HM)**



**Etappe 4 : Lissabon – Batalha (ca. 191km, 2.490HM)**



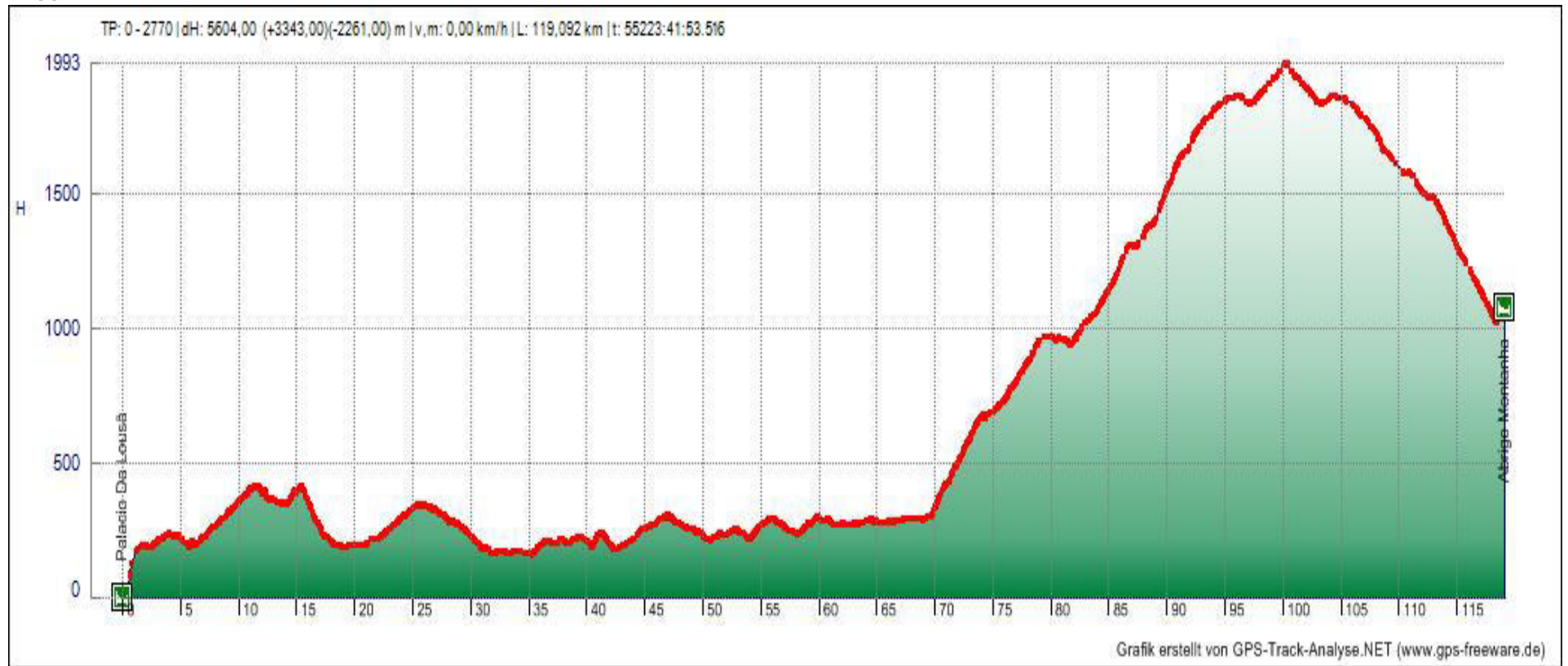
#### Etappe 4: Alternativstrecke Mafra - Batalha (133km und 1.550HM)



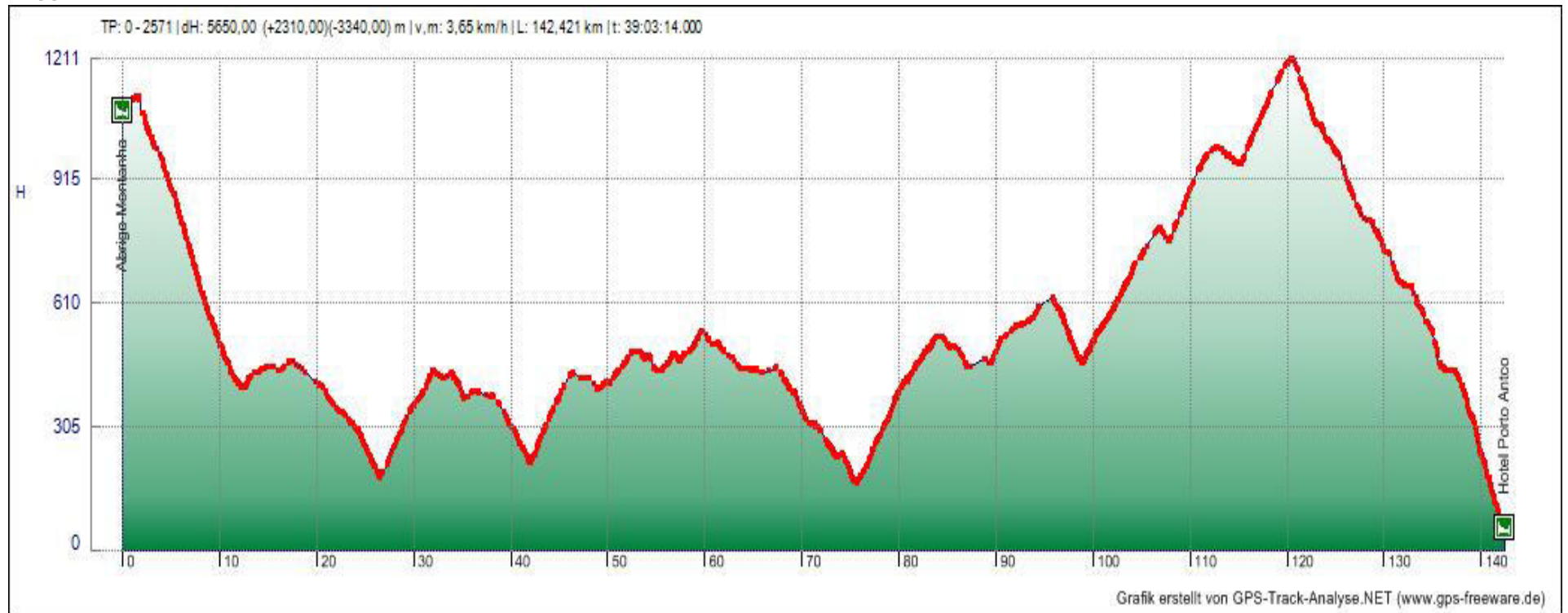
#### Etappe 5: Batalha – Lousã (ca. 135km 2.560HM)



Etappe 6 : Lousa – Sierra da Estrela – Seia (ca. 119km, 3.340HM)



**Etappe 7: Seia – Porto Antico (Duoro Tal) (ca. 142km, 2.300HM)**



**Etappe 8: Porto Anticos – Porto (ca. 77km, 1.250HM)**

